

CLINICAL HYPNOSIS TRAINING ONLINE

"Hypnotherapy is a
transformational process, for
both the practitioner and the
client"

URSULA JAMES





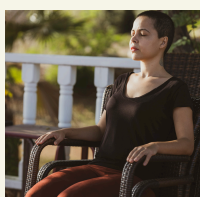
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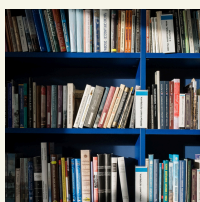
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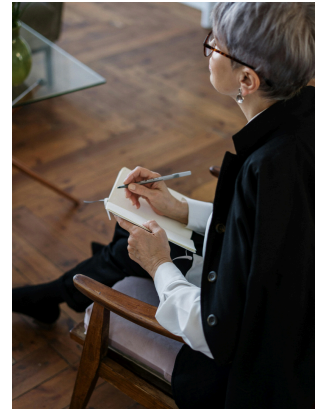


Clinical hypnosis training course

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The story behind

LEARNING CURVE STUDIO



BACKGROUND

LCS

Learning curve studio

Founder - Ursula James
*Former Visiting Professor of Clinical Hypnosis
Robert Gordon University*

In addition to having been the only professor of Clinical Hypnosis in the UK, Ursula James is a visiting teaching fellow at Oxford University Medical School, and a Patron of both Anxiety UK (formerly the National Phobics Society) and the National Centre for Domestic Violence (NCDV).

Ursula was a member of the international advisory board of Complementary Therapies in Clinical Practice (formerly Complementary Therapies in Nursing & Midwifery) and a Foundation Member of the Academy of Medical Educators.

Learning Curve Studio and its online courses were developed during the pandemic by Thames Medical Lectures, an organisation which taught student doctors at medical schools throughout the UK including Oxford University Medical School, where Ursula pioneered the first course in clinical hypnosis and its application specifically for medical students.

Learning Curve Studio teaches at the same high standard and presents similar material to that taught at medical school. However the scope has been broadened to give easy access to others interested in learning how to use hypnosis as a therapeutic tool, whether for themselves, as an addition to their professional skills, or as a stand-alone practice.



- HYPNOSIS
- HYPNOTHERAPY
- CLINICAL HYPNOSIS

DEFINITION OF TERMS

What they are and how they can be used therapeutically

Hypnosis is:

A natural state of relaxation somewhere between waking and sleeping in which the conscious mind rests, and the unconscious mind becomes more alert and receptive to suggestion.

Hypnotherapy is:

The application of the state of hypnosis in which specific suggestions are made, following formulated protocols.

Clinical hypnosis is:

The collaborative process between practitioner and client where a treatment plan is created, and then suggestions to act on these suggestions are installed while the client is in hypnosis.

Hypnotherapy and clinical hypnosis can be used to help most individuals - particularly if stress or anxiety are a component of their condition.

It works successfully alongside other treatments, such as psychotherapy and counselling.

Well researched conditions which respond to this process include phobias and fears, pain control and habit breaking.

It is also used in performance enhancement, from sports to business through to personal development.





ONLINE STUDY

The course is delivered online and is structured so that the student can take their own time to work through the materials,

Consisting of text, audios, videos and interspersed with MCQs and quizzes so you can keep a track of your learning, the course also uses hypnotherapy audios to help the student to retain and recall the learning from each module.

PROFESSIONAL QUALIFICATION

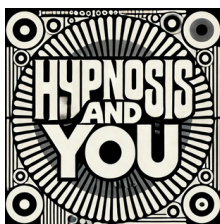
If you are studying to get a qualification in Hypnotherapy you will need to do the following:

Complete:

- *Multiple Choice Questions*
- *Quizzes*
- *Written work (for example case studies)*
- *Presenting audio files (hypnosis scripts)*
- *Complete a final examination in which your hypnotherapeutic skills will be tested*
- *120 hours of classroom-based practical training*

HOW THE COURSE WORKS

LCS



HYPNOSIS AND YOU is Learning Curve Studio's sister podcast from America. Each episode discusses contents from modules such as Suggestions and Affirmations, and How to Avoid Imposter Syndrome.

Designed to dip into, it is lighter in tone than the rest of the course.

How IT WORKS ↑



HYPNOTHERAPY COURSE CONTENTS

SYLLABUS

Introduction to hypnotherapy

Psychological foundations

Consciousness: Hypnosis, meditation and other states of awareness

Theories and techniques of Hypnosis

Hypnotherapy theories and techniques

Practical hypnosis skills: The practicalities of a session

Practical hypnotherapy skills

LCS

Framework of a hypnotherapy session

Use of hypnotherapy audios for clients

Diagnostics: which therapeutic technique is appropriate

Teaching self-hypnosis to clients

Clinical Applications of Hypnotherapy

Ethics, Legalities, and Professional Practice

Professional development and continuing education

Research Methodology and Evidence-Based Practice

The Hypnotherapy Practice: Working online

The Hypnotherapy Practice: Booking systems

The Hypnotherapist Persona

Business and Marketing for Hypnotherapists

Integrating Hypnotherapy Audios into sessions

Understanding the National Occupational Standards in Hypnotherapy





URSULA JAMES

Founder and Principal

Former Visiting Professor of Clinical Hypnosis at Robert Gordon University, Patron of Anxiety UK, author of 8 books including the Clinical Hypnosis Textbook which is required reading at medical schools, Ursula is currently researching the use of hypnotherapy within VR with St George's Medical School in London.



PHIL BENJAMIN

Senior tutor and course developer

Phil Benjamin is a widely experienced clinical hypnotherapist and was an Honorary Senior Tutor at St George's Medical School, University of London. Principal lecturer for Thames Medical Lectures, he has taught student doctors at most of the UK's medical schools including Oxford, Cambridge, St George's and QMUL, London.



RICHARD ALLSOPP

Tutor

With an academic background in psychology, Richard teaches Clinical Hypnosis in Medicine, Stress Management, Personal Development and Mindfulness at a number of medical schools across the UK. In his therapy practice he specialises in sports psychology.



KEVIN JAMES

Supervisor

Kevin is a Master Practitioner of Neuro-Linguistic Programming (NLP) and an NLP trainer, and he studied extensively with the co-creator of NLP, Dr Richard Bandler. He has also trained in Neuro-Semantics, Emotion Replacement Therapy and Mesmerism.



LAURA WALLBANK

Supervisor

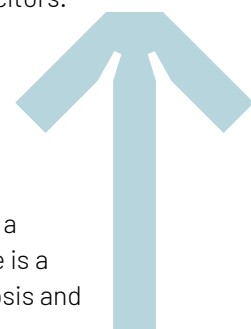
Laura has worked in healthcare for over thirty years as a registered nurse and then midwife. She trained in clinical hypnosis for pregnancy in 2010 and 2018. She has been working in professional fitness to practice, as a Conduct and Competence Committee registrant panel member at the Nursing and Midwifery Council for six years and is frequently required as an expert witness for civil litigation solicitors.



DR MARK FELDMAN

Medical Advisor

Dr Feldman is a senior partner in a general medical practice and worked as a programme director and trainer for the London deanery for many years. He is a founder member and Chairman of the British Association of Medical Hypnosis and is a co-founder of the Expert System Smoking Cessation programme.





CLICK HERE FOR:

FULL SYLLABUS
CLINICAL HYPNOSIS COURSE

TO BOOK
LEARNINGCURVE.STUDIO

COURSE FEE
£800

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